Special Clinical Skills Sessions for MED 5
- What are our objectives?

This is a rather long and unusual name, what do we want to achieve in this session?

Some facts:

1. Within a few months’ time you will graduate and become a medical practitioner! At this stage you would have acquired most of the essential clinical skills and it is a matter of how to polish them and use them in your practice, and to help you pass the examinations.
2. Modern clinical practice and especially examinations are putting more and more emphasis on doctor-patient relationship and skills in obtaining history and carrying out a physical examination. Sometimes you are required to demonstrate these skills in front of a panel of examiners.

Therefore the objectives for the SCS session are:
   a. to improve your skills in obtaining a history, and to formulate a differential diagnosis;
   b. to improve your physical examination techniques;
   c. to assist you to formulate an integrated approach towards patient management.

We need also to set our target right: We are aiming at equipping you as a competent and high standard family physician (although you may later on decide to specialize in orthopaedic surgery), to be able to manage common musculoskeletal disorders and to identify the serious ones for referral for specialist management.

We have defined the level of competency required of you especially for physical examination. This is supplemented by a series of standard videotapes on examination of different regions. Please refer to these materials for information.

The format of the SCS session is like this:

1. Divide yourself into 3 small groups
2. Each group prepare a different case – choose common problems, and different / new problems for different groups / sessions.
3. Group members should divide themselves into: presenter of history, presenter of physical examination, and discussant on management.

This will ensure the participation of more people in the session.

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